

WISDOM CAFÉ – “Lifelong Learning” – July 6, 2022
With King County Librarian Zlatina Encheva

What is life-long learning?

- One is never too old to learn
- Learning technology is a life-long project
- Joining Toastmasters. I have a fear of public speaking. They teach guidelines to feel more comfortable. Norms advice: "Stand up. Speak up. Shut up."
- I joined a club in England to learn to speak publicly
- Lifelong learning is being actively involved, learning new things daily.

What is the importance of life-long learning?

- Helps keep the brain engaged.
- It is fun to learn something new each day.
- It makes life more interesting to learn something new

What are examples of life-long learning?

- You can learn a new skill like public speaking at Toastmasters'
- You can learn a new language like Spanish or Mandarin
- You can broaden your horizon by learning genealogy.
- You can find new creative recipes to try

What are challenges of life-long learning?

- Remembering what I just learned
- To better understand others, we should visit other countries
- To better understand society, we can learn about other cultures

What was the last thing you learned on your own?

- Programming a computer and genealogy
- Learning about history on the television which I find so interesting
- YouTube taught me about an interesting man who was gay and in an internment camp.
- I just learned about Japanese internment camp on the West coast while volunteering Recently at a Red Cross shelter at a Japanese church in Seattle

Notes by BarbD