

Book Club Summary – April 13th 2022

The **Sammamish Seniors Book Club** had a rousing discussion regarding local firefighter Earl Emerson's novel "**Black Hearts and Slow Dancing**", including how the new "Sheriff" of Staircase Washington (aka North Bend) managed to get out of an underground oil tank, thanks to the aid of his inherited dog, Booger (aka Satan). "Sheriff" Mac Fontana exhibited many emotions during his trials and tribulations solving a nasty murder. In our next read, Brene' Brown will describe in her "**Atlas of the Heart**" some 87 emotions and experiences which behoove us to better understand in our search for connection during these unsettled times. Most people think of only three emotions; happy, sad, and angry. "Sheriff" Fontana seemed to be using the Atlas of the Heart as he emotionally plowed his way through the complexities of dealing with real estate miscreants and life's travails. There is no doubt that "Sheriff" Fontana would benefit from our next reading and our discussion, as will we all, of "**Atlas of the Heart**". Get the book or recording and join us in our emotional Zoom discussion on June 8th.